

NO GARBAGE LUNCHES

WHY ACT?

If your throwaway habits are like those of most kids, the garbage you send to a landfill every year takes up a space big enough to park a small car in! Much of this comes from your school lunch, picnic trash, or snacks at a friend's house. Plastic wrappers you throw "away" may stay in a landfill for 70 years. A glass bottle will not melt until it reaches a temperature of 2,000° F. Melting glass wastes a lot of energy even if you recycle it! The paper bag you use could have been replaced by a reusable one made of cotton or cloth. This Earth Action will help you to reduce the amount of garbage you send to the landfill.

EARTH ACTION

- Package your food and drink in materials that are designed for more than one use (airtight plastic containers with lids for sandwiches, salads, and snacks, and a thermos for your drink).
- Use your backpack, a reusable bag, or a cloth bag to carry your lunch.

MATERIALS

- Cloth bag or backpack, plastic containers, and a thermos.

TIME

- About 15 minutes to search through cupboards.

RESOURCE SAVINGS

You save landfill space, resources, and energy! This action needs repeating. For committing to a new habit for the Earth, you deserve a pat on the back!

