

# THE JOURNEY

You are about to go on an amazing journey—one that will help you and the planet. It will be fun, challenging and exciting. Over a five week period you will learn how to take action to use our Earth's precious and limited natural resources with greater care. Your efforts to live an Earth-friendly life will help make sure there are enough resources so that others can live their lives now and in the future. It will also help you become part of the global warming solution. Each week of the journey, you will meet an animal guide who will offer special knowledge to help you.

Earthy, a friendly earthworm, will be your guide on the first part of your journey called, "Dumping on Garbage." A playful and fun-loving frog named Pondsy will be your guide and companion for the second part, "Wasting Water is All Wet." Sky, the eagle, has seen a lot and will share some ancient knowledge with you in the third part of your journey, "Getting a Charge Out of Saving Energy." The fourth part of your adventure, "Good Buys Are Forever," is guided by Munk, a busy little chipmunk who's always running around. In the final part of your journey, "Watch Out Planet, Here I Come!," a wise dolphin named Magic will guide you in teaching others how to help the planet.

To make your adventure more fun, invite a friend to join you. Your friend and you can form your own "EcoTeam!" Having someone to talk to about your successes and challenges will make your journey more enjoyable and rewarding.

Have a great journey. The planet is counting on you!

## INSTRUCTIONS FOR GOING ON THE JOURNEY

1. Read all the actions in the part of the Journey you are about to take and decide which ones you want to do. Each action has a point value which helps you know how much effort is required. A one point action is easier or saves less resources than a two or three point action. If you want to achieve Global Hero status, you need to take enough actions to equal the required point total for that section.
2. Decide on the actions you will do. Then enter the day and time you will do each action on your travel log in the column: "Action Plan."
3. Show your action plan to your parent(s) so they are aware of what you are doing and can give you suggestions. Check off on your travel log when you have done this in the column "Shown to Parent(s)."
4. After you have done each action, check it off on your travel log in the "Action Done" column.
5. When you complete each part of the Journey, total the points you have earned and enter it at the bottom of that section of the travel log where it says "Global Hero Points Earned." You're now ready to move on. Repeat steps 1-5 for each part of the journey.

That's it! Have fun as you help improve life on our planet for yourself, other kids, parent(s), animals and all the plants and trees.  
Thanks for caring and taking this journey for the planet.





## DUMPING ON GARBAGE—TRAVEL LOG

Actions	Action Plan		Shown to Parent(s)	Action Done	Points
No Garbage Lunches	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	3
Bag Bags	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	1
Wipe Swipe	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	1
Gesundheit!	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	1
If Your Eyes Are Bigger Than Your Stomach	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	2
Let It Rot	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	3
Every Little Bit Helps	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	3
Artist at Work	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	1
Trash or Treasure	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	3
Back by Popular Demand	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	3
Relating to Nature: Branching Out	Day:	Time:	<input type="checkbox"/>	<input type="checkbox"/>	1

Points Needed: 12

Global Hero Points Earned



# DUMPING ON GARBAGE

## YOUR GUIDE: THE EARTHWORM

I am Earthy, your guide for the first part of your journey, "Dumping on Garbage." Why should you listen to me?, you may ask. The reason is that I am one of nature's best recyclers! I eat up bits of garbage and turn them into fresh soil. I would like to share with you what I know about living an Earth-friendly lifestyle.

Humans throw away tons of garbage every day. The sad part is that there is no such place as "away." If you think about it, your garbage has not gone "away," it has only been taken to someplace out of your sight. People need to change their throw-away habits.

The Earth's recycle creatures, like me, cannot keep up with all the garbage, and that's not good. Each person needs to learn to reduce the amount of garbage he or she *personally* creates. This part of the Journey will help you do that.